



Is not something but SOMEONE

The Widow's Might

First Response Tip Sheet

(To Assist Those Facing a Loss)

Family & Friends

- Do send cards even after the funeral.
- Do be patient and not try to rush the healing process.
- Do remain constant and available even during their periodic need for solitude .
- Do listen without interruptions.
- Do visit Often.
- Do make consistent calls .
- Do be close enough to recognize unnatural behavior.
- Do let them speak without interruptions.
- Do give permission to grieve.
- Do special acts of kindness.

Clergy

- Do go to the side of the widow as soon as possible.
- Pastors, do take church elders with you for prayer support.
- Do be silent and try to assess what the needs are.
- Be available to assist with making necessary decisions.
- Have female staff available to assist where needed.
- Do offer prayer and comfort.
- Gently guide those in shock back to reality.
- Follow the lead of the family.

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